Double Helix Water and U.S. Olympic Athletes

ANNA PIERCE

3 Time US Olympian & National Champion

"My body has always been sensitive to water quality. For instance I have trouble absorbing enough water to stay hydrated when drinking carbonated water. With the Double Helix Water, I find I can maintain a high level of hydration even while training at dry climates (Mammoth Lakes, San Diego, summer in Tuscany).

Part way through the summer I began a new regiment with the Double Helix drops, as well as using the Double Helix sports cream. During a period of 2.5 months I took 15-20 before AND after training, as well as before bed (up to 5x per day, totaling up to 100 water drops in a day). During this time I noticed an immediate positive change in performance, as well as how my body felt during training. I believe my recovery was shorter and I kept a very good level of hydration despite the hot temperatures and heavy training load. "



Anna Pierce was a NCAA Champion at Michigan and is now a four-time U.S. Champion. She is also the third fastest 1500m runner in U.S. history.

JEN RHINES

3 Time US Olympian

"Taking the Double Helix Water has been a part of my daily routine for the past six months. After recovering from an injury that forced me out of the 2012 US Olympic Trials I'm back in top form. As I've worked back into shape over the past months I've been feeling great and recovering from hard training as quickly as I was 10 years ago. As a 38 year old professional runner I'm routinely competing against athletes 10 to 15 years my junior so it's great to feel youthful and competitive again!"



Jen Rhines continues to be one of the most versatile distance runners in the U.S. with national titles on the track and the roads and Olympic appearances at 3 different distances.



